

Boys' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
1999	100	John Coleman	Rio Mesa	10.91	Michael Nurse	Hueneme
	200	John Coleman	Rio Mesa	22.33	Michael Nurse	Hueneme
	400	Pat Wetzel	Hueneme	51.74	Mike Martinez	Camarillo
	800	Mike Dickran	Rio Mesa	1.59.44	Chris Muller	Rio Mesa
	1600	Pablo Gallegos	Hueneme	4.32.63	Austin Dillon	Rio Mesa
	3200	Pablo Gallegos	Hueneme	9.58.93	Shad Hopkins	Camarillo
	110 HH	Greg Brown	Adolfo Camarillo	15.12	Brian Tiliquist	Rio Mesa
	300 IH	Greg Brown	Adolfo Camarillo	41.47	Diran Balekian	Rio Mesa
	4X100	<u>Hueneme</u> <i>Michael Nurse</i> <i>Dwight Norman</i> <i>Jason Ross</i> <i>Keary Colbert</i>		43.79	Rio Mesa	
	4X400	<u>Adolfo Camarillo</u> <i>Mike Martinez</i> <i>Cameron Gaisford</i> <i>Adam Higgins</i> <i>Jaime Reyes</i>		3.29.10	Rio Mesa	
	Long Jump	Phillip Samuel	Channel Islands	21' 6"	Jason John	Hueneme
	Triple Jump	Jason John	Hueneme	42' 0.25"	Rashaan Moore	Hueneme
	High Jump	Jason John	Hueneme	6' 6"	Chad Smith*	Adolfo Camarillo
	Shot Put	Reggie Curry	Rio Mesa	47' 8"	Colin Pryzgoda	Oxnard
Discus	Jerome Stevens	Rio Mesa	169' 5"	Colin Pryzgoda	Oxnard	

* - also 6' 6"