

Boys' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2007	100	Josh Harrison	Rio Mesa	10.70*	Sean Alfino	Rio Mesa
	200	Josh Harrison	Rio Mesa	21.45*	Quentin Greenlaw	Rio Mesa
	400	Greenlaw	Rio Mesa	50.89	Steven Richards	Rio Mesa
	800	Greg Kelly	Camarillo	2:02.59	Tawei Ma	Rio Mesa
	1600	Jose Alcantar	Hueneme	4:34.75	Miguel Reyes	Pacifica
	3200	Jose Alcantar	Hueneme	9:45.00	Alfredo Gonzalez	Hueneme
	110 Hurdles	Jordyn Aupiu	Rio Mesa	15.81	Tyler Brown	Adolfo Camarillo
	300 Hurdles	Tyler Brown	Camarillo	42.30	Joshua Beck	Channel Islands
	4 X 100 Relay	<u>Rio Mesa</u> Sean Alfino Quentin Greenlaw Steven Richards Josh Harrison		43.06	Adolfo Camarillo	
	4 X 400 Relay	<u>Rio Mesa</u> Steven Richards Quentin Greenlaw Jordan Hedgepeth Michael Roman		3:37.26	Adolfo Camarillo	
	Long Jump	Josh Harrison	Rio Mesa	23' 0 1/2"	Neville Meade	Hueneme
	Triple Jump	Neville Meade	Hueneme	47' 0"	Christian Chiong	Adolfo Camarillo
	High Jump	Pamilton	Pacifica	6' 2"	Jamal Smith	Oxnard
	Shot Put	Ina Liana	Rio Mesa	47' 10 1/2"	Jesse Rodriguez	Oxnard
	Discus	Carlos Martinez	Oxnard	143' 6"		
	Discus	Chris Balam	Pacifica	143' 6"		