

Boys' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2011	100	Blake Selig	Rio Mesa	10.73	Cameron Roach	Rio Mesa
	200	Blake Selig	Rio Mesa	21.93	LaDarrin Roach Darion	Rio Mesa
	400	LaDarrin Roach	Rio Mesa Adolfo	50.37	Zimmerman	Rio Mesa Adolfo
	800	Erik Pinuelas	Camarillo Adolfo	1:57.06	Esteban Vega	Camarillo Adolfo
	1600	Erik Pinuelas	Camarillo Adolfo	4:29.65	Heyden Wooff	Camarillo
	3200	Heyden Wooff	Camarillo	9:26.03	Glenn Arthur	Rio Mesa
	110 Hurdles	Grant Weiss	Oxnard	15.29	Jelani Legohn	Oxnard
	300 Hurdles	Jelani Legohn	Oxnard	40.56	Anthony Teart	Rio Mesa
	4 X 100 Relay	<u>Rio Mesa</u> <i>Marcus Alford</i> <i>LaDarrin Roach</i> <i>Blake Selig</i> <i>Cameron Roach</i>		41.13	Oxnard	
	4 X 400 Relay	<u>Rio Mesa</u> <i>Darion</i> <i>Zimmerman</i> <i>Cameron Roach</i> <i>Drew</i> <i>Weisenberger</i> <i>LaDarrin Roach</i>		3:25.96	Adolfo Camarillo	
	Long Jump	Blake Selig	Rio Mesa Adolfo	22' 2" 41' 8"	Grant Weiss	Oxnard
	Triple Jump	Tyler Brown	Camarillo Adolfo	3/4"	Anthony Teart	Rio Mesa Adolfo
	High Jump	Philip Pizzo	Camarillo Adolfo	6' 0" 48' 6"	Jake Maulhardt	Camarillo
	Shot Put	Evan Benson	Camarillo	1/2"	Zilmer Lee Souleiman	Pacifica
	Discus	Christian McNair	Rio Mesa	153' 6"	Salameh	Oxnard