

Boys' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2012	100	Blake Selig	Rio Mesa	10.68	Cameron Roach	Rio Mesa
	200	Cameron Roach	Rio Mesa	21.81	Ahmed Obed	Camarillo
	400	Darrion Zimmerman	Rio Mesa Adolfo	50.18	Matthew Lopez	Pacifica
	800	Joel Gonzalez	Camarillo Adolfo	1:59.20	Connor Soudani	Rio Mesa
	1600	Joel Gonzalez	Camarillo Adolfo	4:28.09	Jesse Williams	Rio Mesa
	3200	Adam Lucero	Camarillo	9:29.53	Glenn Arthur	Rio Mesa
	110 Hurdles	Grant Weiss	Oxnard Channel	14.79	Jelani Legohn	Oxnard
	300 Hurdles	Daniel Pantoja	Islands	40.08	Anthony Teart	Rio Mesa
	4 X 100 Relay	<u>Rio Mesa</u> <i>Jordan Nunnery</i> <i>Blake Selig</i> <i>Darrion Zimmerman</i> <i>Cameron Roach</i>		43.04	Oxnard	
	4 X 400 Relay	<u>Rio Mesa</u> <i>Darrion Zimmerman</i> <i>Drew Weisenberger</i> <i>Blake Selig</i> <i>Cameron Roach</i>		3:24.21	Channel Islands	
	Long Jump	Blake Selig	Rio Mesa	23' 5 1/4"	Grant Weiss	Oxnard
	Triple Jump	Anthony Teart DaShaun Nixon	Rio Mesa	42' 3/4"	Isaiah Jackson	Oxnard
	High Jump	Gabriel Duongtran	Hueneme Rio Mesa	6' 0" 6'0"		
	Shot Put	Thomas Chavira	Oxnard	47' 2" 165' 4	Alejandro Magana	Channel Islands
	Discus	Christian McNair	Rio Mesa	1/2"	Elliott Diaz	Oxnard