

## Girls' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2006	100	Mariyah Lee	Rio Mesa	12.27	Saraina Hedgepeth	Rio Mesa
	200	Mariyah Lee	Rio Mesa	25.98	Saraina Hedgepeth	Rio Mesa
	400	Meghan Fruth Cassandra	Camarillo Adolfo	1:01.32	Carissa Arce	Oxnard
	800	Brooker	Camarillo	2:26.51	Trisha Graham	Rio Mesa
	1600	Kelsey Gasner	Rio Mesa	5:27.00	Carissa Arce	Oxnard
	3200	Joella Lefkovits	Camarillo	12:16.56	Carla Pinuelas	Adolfo Camarillo
	100 Hurdles	Ashley Robinson Tiana	Pacifica Adolfo	16.60	Tiana Unterberger	Camarillo Adolfo
	300 Hurdles	Unterberger	Camarillo	49.71	Meghan Fruth	Camarillo
	4 X 100 Relay	<u>Rio Mesa</u> <i>Takiyah Cotton</i> <i>Mariyah Lee</i> <i>Saraina</i> <i>Hedgepeth</i> <i>Michelle</i> <i>Poindexter</i>		51.33	Adolfo Camarillo	
	4 X 400 Relay	<u>Rio Mesa</u> <i>Takiyah Cotton</i> <i>Lauren Reid</i> <i>Mariyah Lee</i> <i>Saraina Hedgepeth</i>		4:17.79	Adolfo Camarillo	
	Long Jump	Lauren Reid	Rio Mesa	18' 0"	Brenda VanSomeren	Pacifica Adolfo
	Triple Jump	Lauren Reid	Rio Mesa Adolfo	35' 7"	Cassandra Brooker	Camarillo
	High Jump	Blythe Waltrip	Camarillo	4' 8" 37' 11"	Robia Choi	Oxnard
	Shot Put	Camille Soto	Oxnard	1/4"	Randi Hicks	Rio Mesa
	Discus	Kaitlin Gardiner	Rio Mesa	135' 5"	Camille Soto	Oxnard