

## Girls' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2015	100	Zaria Francis	Rio Mesa	11.79	Kiera Sherrod	Rio Mesa
	200	Zaria Francis	Rio Mesa	24.81	Ashley Cruz	Oxnard
	400	Devyn Weisenberger	Rio Mesa	60.87	Denaya Wickett	Rio Mesa
	800	Esmeralda Mandujano	Pacifica	2:23.06	Auburn Griffith	Rio Mesa
	1600	Valerie Almanza	Channel Islands	5:28.49	Briana Valencia	Hueneme
	3200	Valerie Almanza	Channel Islands	11:36.64	Rosio Villapando	Hueneme
	100 Hurdles	Kiera Sherrod	Rio Mesa	15.69	Andrea Rios	Channel Islands
	300 Hurdles	Kiera Sherrod	Rio Mesa	47.79	Alexandra Alamillo	Rio Mesa
	4 X 100 Relay	<u>Rio Mesa</u> <i>Zaria Francis</i> <i>Subria Fontes</i> <i>Kiera Sherrod</i> <i>Devyn Weisenberger</i>		48.76		Pacifica
	4 X 400 Relay	<u>Rio Mesa</u> <i>Zaria Francis</i> <i>Alexandra Alamillo</i> <i>Patricia Leggett</i> <i>Devyn Weisenberger</i>		4:10.70		Oxnard
	Long Jump	Sedona Williams	Rio Mesa	16' 5"	Patricia Leggett	Rio Mesa
	Triple Jump	Cecelia Lucas	Rio Mesa	34' 9 1/4"	Patricia Leggett	Rio Mesa
	High Jump	Cecelia Lucas	Rio Mesa	5' 0"	Sedona Williams	Rio Mesa
	Shot Put	Jayda Bell	Oxnard	35' 10"	Cheyenne White	Oxnard
	Discus	Serenity Valoaga	Channel Islands	104' 8"	Krystal Tapia	Hueneme