

Girls' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2016	100	Zaria Francis	Rio Mesa	12.04	Patricia Leggett	Rio Mesa
	200	Zaria Francis	Rio Mesa	24.71	Subria Fontes	Rio Mesa
	400	Devyn Weisenberger	Rio Mesa	58.59	Alexandra Alamillo	Rio Mesa
	800	Denaya Wickett	Rio Mesa	2:27.29	Esmerala Mandujano	Pacifica
	1600	Valerie Almanza	Channel Islands	5:06.54	Victoria Almanza	Channel Islands
	3200	Valerie Almanza	Channel Islands	11:51.32	Andrea Contreras	Channel Islands
	100 Hurdles	Kiera Sherrod	Rio Mesa	15.57	Sarah Anaya	Oxnard
	300 Hurdles	Kiera Sherrod	Rio Mesa	47.34	Karen Reyes	Pacifica
	4 X 100 Relay	<u>Rio Mesa</u> <i>Kiera Sherrod</i> <i>Patricia Leggett</i> <i>Subria Fontes</i> <i>Zaria Francis</i>		48.19		Oxnard
	4 X 400 Relay	<u>Rio Mesa</u> <i>Zaria Francis</i> <i>Ariana Vera</i> <i>Denaya Wickett</i> <i>Alexandra Alamillo</i>		4:01.81		Oxnard
	Long Jump	Patricia Leggett	Rio Mesa	17'7"	Catalina Escobal	Rio Mesa
	Triple Jump	Patricia Leggett	Rio Mesa	35'1.5"	Andrea Padilla	Oxnard
	High Jump	Yamile Mondragon	Oxnard	4'10"	Devyn Weisenberger	Rio Mesa
	Shot Put	Markie Mulchay	Rio Mesa	36'10"	Leslie Valoaga	Channel Islands
Discus	Leslie Valoaga	Channel Islands	113'6"	Serenity Valoaga	Channel Islands	