

## Girls' Individual Track and Field Champions

| Year | Event         | Champion   | School   | Mark     | Runner-up         | School   |
|------|---------------|--|----------|----------|-------------------|----------|
| 2019 | 100           | Arissa Thompson  | Oxnard   | 12.28    | Kayla Washington  | Buena    |
|      | 200           | Arissa Thompson  | Oxnard   | 25.03    | Samantha McKenzie | Oxnard   |
|      | 400           | Samantha McKenzie  | Oxnard   | 58.72    | Peyton Redmond    | Ventura  |
|      | 800           | Cassidy Hubert   | Ventura  | 2:22.38  | Alisann Tolosa    | Ventura  |
|      | 1600          | Madeleine Locher   | Ventura  | 5:06.08  | Taylor Sovich     | Ventura  |
|      | 3200          | Madeleine Locher   | Ventura  | 11:10.06 | Elisse Weinerth   | Rio Mesa |
|      | 100 Hurdles   | Laura SanGiacomo   | Ventura  | 15.89    | Tajanae Mack      | Oxnard   |
|      | 300 Hurdles   | Laura SanGiacomo   | Ventura  | 47.44    | Tajanae Mack      | Oxnard   |
|      | 4 X 100 Relay | Buena<br>Andrea Felix<br>Taylor Sommars<br>Taylor Spira<br>Kayla Washington    |          | 51.39    |                   | Ventura  |
|      | 4 X 400 Relay | Ventura<br>Taylor Sovich<br>Alisann Tolosa<br>Peyton Redmond<br>Cassidy Hubert |          | 04:07.5  |                   | Oxnard   |
|      | Long Jump     | Taylor Spira   | Buena    | 16'5.75" | Maleah Holland    | Oxnard   |
|      | Triple Jump   | Lola Russell   | Oxnard   | 35'4"    | Laura SanGiacomo  | Ventura  |
|      | High Jump     | Maleah Holland   | Oxnard   | 4'8"     | Shannon David     | Ventura  |
|      | Shot Put      | Kathleen Nelson  | Pacifica | 33'10"   | Anuhea Reed       | Ventura  |
|      | Discus        | Michelle Sanchez   | Oxnard   | 108'2"   | Kaja Boas         | Ventura  |

League Record